

A black and white photograph of a man kneeling on a beach, his head bowed and hands clasped in prayer. The background shows the ocean and a cloudy sky. A semi-transparent white box is overlaid on the right side of the image, containing the title text in a bold, olive-green font.

# CHANGE, RESILIENCE & TRUST

*And we know that all things work together for good to those who love God, to those who are the called according to His purpose. Rom 8:28*

# CHANGE

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# GENESIS 12:1

1 Now the Lord had said to Abram:

“Get out of your country,  
From your family  
And from your father’s house,  
To a land that I will show you.

2 I will make you a great nation;  
I will bless you  
And make your name great;  
And you shall be a blessing.

3 I will bless those who bless you,  
And I will curse him who curses you;  
And in you all the families of the earth shall be blessed.”

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## PAUL – ACTS 16:6

Now when they had gone through Phrygia and the region of Galatia, **they were forbidden by the Holy Spirit to preach the word in [a]Asia**. 7 After they had come to Mysia, they tried to go into Bithynia, but the [b]**Spirit did not permit them**. 8 So passing by Mysia, they came down to Troas. 9 And **a vision** appeared to Paul in the night. A man of Macedonia stood and pleaded with him, saying, **“Come over to Macedonia and help us.”** 10 Now after he had seen the vision, immediately we sought to go to Macedonia, concluding that the Lord had called us to preach the gospel to them.

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As believers we know...Rom 8:28

And we know that all things work together for good to those who love God, to those who are the called according to *His* purpose.

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# RESILIENCE

the capacity to withstand or to recover quickly from difficulties; toughness.

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ST. MICHAEL'S  
ST. MICHAEL'S

ROAD NUT MARE

KEEP CLEAR



# RESILIENCE

Heb 13:8

Jesus Christ is the same yesterday  
and today and forever.

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# RESILIENCE

Prov 3:5-6

Trust in the LORD with all your heart, and lean not on your own understanding;

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# RESILIENCE

Psalm 30:5

For His anger is but for a  
moment, His favor is for life;  
Weeping may endure for a night,  
But joy comes in the morning.

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# TRUST

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# View from space



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# Jeremiah 29:11-14

For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future. 12 Then you will call on me and come and pray to me, and I will listen to you. 13 You will seek me and find me when you seek me with all your heart.

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For God  
so loved  
the world,  
that He gave  
His only begotten son,  
that whosoever believeth on him  
should not perish,  
but have  
eternal  
life

John 3:16