I appeal to you therefore, brothers*, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship [or reasonable service.] Do not be conformed to this world, [this present age] but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

* or *brothers and sisters*

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2 Timothy 3:16

All scripture is breathed out by God* and is profitable for teaching, for reproof, for correction, for training in righteousness, that the man (and woman) of God may be complete, equipped for every good work.

* `theopneustos'; pneuma = breath; pneumatos = spirit.